



# Wayne Adult Community Center, Inc.

## For New Jersey's Active People 60 and Over\*

1502 Hamburg Turnpike // (Bus #197, Squad Place stop)  
973-633-0734                      www.wacci.net

## NEWSLETTER AND CYBERSPACE NEWS

Editors: William Shapiro and Linda Klonsky

**November, 2008**

### ACTIVITIES

Big Band Dances  
Contract Bridge  
Lending Library  
Painting Group  
Sunday Social

Canasta  
Discussion Group  
Mah Jongg  
Pinochle  
Tennis

Computer Classes\*    Computer Fun Meetings  
Duplicate Bridge      Jigsaw Puzzles  
Speaker/Performer series  
Pizza Parties            Shuffleboard

\* Computer classes are available to people 50 and over.

(Additional benefits, e.g. free 911 cell phone, discount BJ's and Costco memberships)

*The office is not staffed every day, but you can always leave phone messages.*

*See Page 12 for specific days and times of all activities*

**A calendar of this month's activities is on page 2**

**Unintended Advice is Often the Most Effective**

See Page 3

**Practical Results of the Abstruse Sciences**

See Page 10

### Officers of the Wayne Adult Community Center, Inc.

**President:** Barbara Vigorito  
**Treasurer:** Bill Pharo  
**Secretary:** Rosalie van Dam

**Vice President:** Vince Barilla  
**Sergeant at Arms:** Allan Jespersen

For the current schedule:

Click the “This Month” button  
at the top of the Web site page  
from which you selected this newsletter.

Most of what your newsletter editor has learned in life, he has learned from other people. But among the few things he has learned on his own, is that you often exert the most influence on others when you're not trying.

We all know that unsolicited advice is usually ignored, and even when advice is solicited, the requester usually just wants you to confirm their opinion, and they will reject anything contradictory. But when you're not making any effort to force your point of view on anyone else, that's when you're most likely to have an effect.

Some years ago as your newsletter editor was washing his hands at work, he noticed a co-worker remove his contact lenses, wipe them and then put them back in.

"You don't wash them?" your editor asked.

"I never wash my lenses" was the smug reply.

As your editor was leaving the washroom, he said over his shoulder: "Tell me that again when you've contracted a severe eye infection", and then thought no more about it.

Some days later they were both again in the washroom. The co-worker was carefully washing his contact lenses.

W. A. Shapiro

In ancient Japan, one day a man came to a Samurai master and said: "My businesses have been highly successful, but I have decided to broaden my horizons. I want to become proficient in the ways of the Samurai. People tell me that you are one of the great masters. If you will teach me, I will pay you handsomely".

"I am willing to take you on as a student", the master replied, "and if you show yourself to be sufficiently serious I will make you *very* proficient".

"Good", said the businessman. "How long will it take?"

"If you are diligent and devote yourself completely to this study," the master told him, "you can achieve your goal in two or three years".

"That is not good enough", said the businessman, who was used to getting his way, "I am determined to do it much more quickly".

"In that case," he was informed, "it will take at least *six* years".

# Advertisement

# WAYNE ADULT COMMUNITY CENTER - COMPUTER GROUP

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PHONE: 973/633-0734 WEBSITE: [www.wacci.net](http://www.wacci.net)

Editor: Linda Klonsky  
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November 2008

For Active  
People  
Ages 60+



## Cyberspace News

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### NJ511

**NJ511** is a free phone and web service that consolidates traffic and transportation information into a one-stop resource for commuters and motorists in New Jersey.

**NJ511** provides up-to-the-minute traffic conditions and is available seven days a week, 365 days a year.

In the year 2000, the Federal Communications Commission (FCC) designated 511 as the national travel information telephone number. Traffic and travel information offered on the **NJ511** website ([www.nj.gov/transportation/commuter/511/web.shtm](http://www.nj.gov/transportation/commuter/511/web.shtm)) and via the telephone service, is managed by a partnership of public agencies led by the New Jersey Department of Transportation, New Jersey Turnpike Authority, New Jersey State Police, and the Port Authority of New York and New Jersey. Additional information is provided by traffic monitoring devices such as traffic cameras and travel time sensors. Local law enforcement agencies, fire departments and emergency medical technicians also contribute information for the

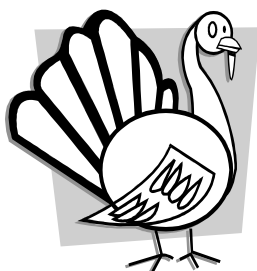
**NJ511** system.

**NJ511** provides motorists with information about accidents, incidents, and unusual delays on Interstate and State highways, the New Jersey Turnpike and the Garden State Parkway. In addition, **NJ511** broadcasts Amber alerts and other emergency messages.

**NJ511** greatly benefits motorists and commuters. By using **NJ511**, motorists can make informed decisions about planning trips, alternate routes and departure times. This improves individual drivers' trips and helps reduce congestion and improve safety on state highways.

*Thanks to George Morris for submitting the address of this website.*

*Editor's note: The Web page gives you access to many webcams showing highways across the state. That could be especially valuable when assessing road conditions during snowstorms. Check it out!*



## Free And Lots Of Fun!

Come to our Computer Fun Meetings, which are free and open to everyone, whether you're a WACC member or not. Learn more about computers in an informal, friendly environment.

Meetings are held the second and fourth Mondays of each month from 11:30AM to 1PM.



### Just For You

Cyberspace News is now archived in its entirety on the WACC website. In some articles, important additional material is included (for instance, information obtained after publication).

To view articles from past issues, go to [www.wacci.net](http://www.wacci.net) and click the "Archives" button along the left

## Gifts For Nursing Home Residents

The Holidays are coming up, and with them, the frustration of figuring out what to buy for the people you care about. This frustration can be especially acute when you're buying for someone who lives in a nursing home. What can you get them that will be appreciated and show that you care, but won't add unnecessary clutter to already limited space?

Here are some suggestions courtesy of the website (note the absence of the www in this web address): <http://seniors.lovetoknow.com>:

- Bathrobe
- Nightgown
- Comb or brush
- Slippers
- Books, magazines, or crossword puzzles
- Scented powder or talcum
- A nail kit
- Hand lotion (try to find out what kind they like)
- Nail polish and polish remover (perhaps with an offer to do their nails for them)
- A box of candy (if it's on their diet plan)
- A home baked treat (again, if it's on their diet plan)

- A box of soft tissues
- A deck of playing cards or board game
- A soft pillow and pillowcase
- A quilt or comforter for the bed
- A CD player and some CDs of their favorite music



If the person is in a wheelchair, perhaps they'd like a soft cushion to pad the seat, or a reach extender. But remember: your goal is to make their life easier and make them happy, not frustrated.

Obviously, you should use some common sense when choosing gifts. For example, your uncle who is bald doesn't need a comb, and your friend who is blind won't be able to do crossword puzzles.

The best gift of all is you, even if the person you're visiting doesn't recognize you or can't talk. Your presence shows you care more than any gift can.

## Did I Really Hear That

Have you ever heard the lyric to a song and said to yourself, “No! That couldn’t be it!” Chances are you misheard the words to the song. We’ve all done it and the misunderstandings can be pretty funny. Want proof? Then log onto the website [www.kissthisguy.com](http://www.kissthisguy.com) for a few laughs. You can check out the misheard lyrics and then see the correct ones.

Some of the most commonly mistaken lyrics include:

- The first stanza of Frank Sinatra’s “Strangers In The Night” which has been heard as “Strangers and your wife, exchanging glances...”
- The verse from the hymn “Hark The Herald Angels Sing” which a few children have heard as “Peace on earth and mercy mild, Goddamn sinners reconciled.”

- The verse from “Rudolph, The Red-Nosed Reindeer” where some people hear “You’ll go down and hit the tree.”
- The stanza in the Beatles’ rendition of “Something” that sounds like “Something in the way she moos, Attracts me like no other mother.”
- The title of the Moody Blues’ “Nights In White Satin” which someone heard as “Knights speaking Latin.”
- The stanza in Elvis Presley’s rendition of “Hound Dog” that sounds as if the artist is saying “Well, they said you was high-classed, but that was last July.”

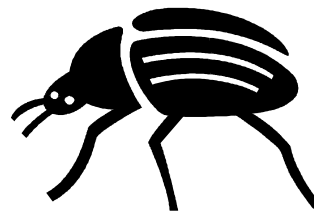
Again, for the correct lyrics, check out this very funny website!

## Antivirus 2009

There’s a fake antivirus program on the web called Antivirus 2009. It’s not only infecting computers, but Web sites. It will gain access to a site and then spread to users who visit that site. It will also change the site so it gets better search results and appears under searches for anti-virus software and virus removal.

**Keep an eye out for sites that offer Antivirus 2009 and stay away from them!** It will take some time before those sites are repaired and back to normal.

If you’re already infected by this virus, you can use Malware Bytes Anti-Malware (available at [www.malwarebytes.org](http://www.malwarebytes.org)) to remove the bug.



Source: [www.worldstart.com](http://www.worldstart.com)

## Have You Gotten Your Flu Shot

**Of all the age groups, those individuals older than 84 have the highest risk of dying from complications from the flu; those older than 74 have the second highest risk.**

**A flu shot reduces hospitalization by about 70% and death by about 85% among older adults who do not live in nursing homes. This is according to the National Institute on Aging.**

**The CDC recommends that older adults and senior citizens also get the pneumococcal vaccine. This shot helps prevent bacterial pneumonia in older adults. And it can be given at the same time the flu shot is given.**

Source: [www.webmd.com](http://www.webmd.com)

## No Thanks

**A woman's husband had been slipping in and out of a coma for several months, yet she had stayed by his bedside every single day. One day, when he came to, he motioned for her to come nearer.**

**As she sat by him, he whispered, eyes full of tears, "You know what? 'You have been with me all through the bad times. When I got fired, you were there to support me. When my business failed, you were there. When I got shot by that robber, you were by my side. When we lost the house, you stayed right there. When my health started failing, you were still by my side... You know what?"**

**"What dear?" she gently asked, smiling as her heart began to fill with warmth.**

**"I think you're bad luck...get away from me."**

*Source: Unknown*

## Dial A Human

If you're tired of calling companies and speaking to a computer, the following website is for you: [www.dialahuman.com](http://www.dialahuman.com).

This site has compiled a list of company phone numbers and what you need to dial to speak to a human being. Sometimes all you need to do is dial a 0, but it can be a bit more complicated than that and this website offers guidance to get you around the voicemail system.

The site also gives you a chance to offer your own advice as to

how you got personalized attention.

And, lastly, it gives you the opportunity to report a bad phone number that didn't work for you.

In this age of technology, [www.dialahuman.com](http://www.dialahuman.com) shows you how to circumvent at least one annoying aspect of the new era.



## Never Tick Off A Nurse

A big shot attorney had to spend a couple of days in the hospital. He was a royal pain to the nurses because he bossed them around just like he did his staff. None of the hospital personnel wanted to have anything to do with him.

The head nurse was the only one who could stand up to him. She came into his room and announced, "I have to take your temperature." After complaining for several minutes, he finally settled down, crossed his arms and opened his mouth. "No, I'm sorry," the nurse stated, "but for this reading, I can't use an oral thermometer." This started another round of complaining but eventually he rolled over and bared his behind.

After feeling the nurse insert the

thermometer, he heard her announce, "I have to get something. Now you stay *just like that* until I get back!" She left the door to his room open on her way out.

He cursed under his breath as he heard people walking past his door, laughing. After a half hour, the man's doctor came into the room. "What's going on here?" asked the doctor.

Angrily, the man answered, "What's the matter, Doc? Haven't you ever seen someone having their temperature taken?"

After a pause, the doctor confessed..... "Not with a carnation."

*Source: A friend.*



WACC BRIDGE SCORES

November Bridge Scores

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Date	Position	first	second
Mon. 11/3		Kamens - Kamens	Gates - Vigorito
Tues. 11/4	North/South	Chisholm - DeLuca	Korman - Lombardi
	East/West	Gala - Jespersen	Lichtenberg - Lichtenberg
Thurs. 11/6	North/South	Sakal - Shapiro	Allen - van Dam
	East/West	Zimmerer - J. Donadio	Lampert - Lampert
Friday 11/7	North/South	Morro - Farese	Troast - Donadio
	East/West	Heartel - Pharo	SaKal - Basoglu
Mon. 11/10		Gates - Vigorito	Heartel - Walsh
Tues. 11/11	North/South	Hogan - VanVooren	Korman - Lombardi
		Weston - Weston	
	East/West	Heartel - Vigorito	Sakal - Shapiro
Thurs .11/13	North/South	Korman - Lombardi	Leise - VanVooren
	East/West	Forman - Stern	Lichtenberg - Lichtenberg
Friday 11/14	North/South	Korman - Lombardi	Heartel - Pharo
	East/West	Belding - Perrini	Morro - Farese
Mon. 11/17		Heartel - Walsh	Gates - Troast
Tues. 11/18	North/South	Basoglu - Wickham	Pharo - aleise
	East/West	Chisholm - DeLuca	Jespersen - Gala
Thurs.11/20	North/South	Cori - Scotti	Wilkin - Zimmerer
	East/West	S. Menschenfreund - M. Donadio	Satra - Walsh
Friday 11/21	North/South	VanVooren - Vigorito	Morro - Farese
	East/West	Basoglu - Sakal	Heartel - Pharo
Mon. 11/24		Gates - Vigorito	Hourihan - Hourihan
Tues. 11/25	North/South	Jespersen - Gala	Carlson - Hogan
	East/West	VanVooren - VanDam	MacNamara - Baum

If you think that results in theoretical and abstruse sciences have no effect on our lives, consider these examples:

(1) Some years ago, results of experimentation with subatomic particles (that is, things that are smaller than the size of an atom) gave results that could be explained only by the existence of “anti-matter”, that is, by matter that behaves like ordinary matter but causes mutual destruction when the two come into contact.

Eventually scientists were able to detect such matter directly, and the anti-electron, dubbed the “positron” (which has a positive electrical charge, whereas the electron has a negative charge) is used today in medical imaging. You have probably heard of “PET” scans, and might even have had one. Well, “PET” stands for “Positron-Emission Tomography”.

(2) When scientists invented a device that emits “coherent” light, and dubbed it the “laser” (for “light amplification by stimulated emission of radiation”), they predicted that it would ultimately be useful. Skeptics, however, said that it was “a solution in search of a problem”.

Today, lasers are at the heart of CD and DVD players, and are also used in several kinds of surgery, particularly surgery inside the eye. Their use makes it possible to treat conditions that were previously untreatable.

(3) Your newsletter editor has used a principle derived in theoretical mathematics, to decode encrypted documents.

(4) “Imaginary numbers” (the square roots of negative numbers), thought originally to have no connection with the real world, are used today in the analysis of many processes in Electrical Engineering and Physics.

(5, maybe) Recently, astronomers began to notice that the motions of stars and other distant objects cannot be explained by the gravitational influence of other visible objects. They postulated the existence of “dark matter” which is invisible to us as yet, but which occupies far more of the universe than does visible matter. Someday dark matter might be captured and used for human purposes. Who knows?

W. A. Shapiro

### October Birthdays

(Received too late for the October issue)

Susanna Reinhardt	Oct 1
William Weber	Oct 9
Betty Appleton	Oct 17
Michael Corbo	Oct 18
Frank Lechleiter	Oct 18
John Seitz	Oct 22
Joann Ramer	Oct 24
June MacFarlane	Oct 30

### November Birthdays

Herb Friedman	Nov 13
Nora Clark	Nov 18
Juliana Deluca	Nov 18
Geri Hogan	Nov 18
Alfred Keay	Nov 18
Maureen Hellenen	Nov 22
George Morris	Nov 22
Rose Zamponi	Nov 26

## Special Events in November

Monday, November 10

11:30 AM—Computer Fun Meeting (Free and open to the public)

Tuesday, November 18

12:30 AM—Big Band Dance (open to the public)

Monday, November 24

11:30 AM—Computer Fun Meeting (Free and open to the public)

## How Some Companies Get Around Unit Pricing

Recently, your newsletter editor was in the dish-liquids section of a local supermarket. The name brands all had unit prices of \$2.75 and more, but the house brand unit price was \$1.79.

Usually, house brands are a little bit cheaper than the name brands, but this much difference was surprising. We looked more closely, and found that the name brands were priced per quart, whereas the house brand, a liquid like the others, was priced per pound.

Incensed at the devious pricing by the supermarket, we bought the name brand.

Lesson: Don't just look at the number on a unit price sign, make sure that you also check the size of the unit.

### Times and Contacts for Regular Activities

ACTIVITY	DAY & TIME	COORDINATOR(S)
Big Band Dance <sup>¶</sup>	Third Tue 12:30 PM*	<b>Bill English</b>
Canasta <sup>çç</sup>	Wed 1:00 PM—3:00 PM <sup>¶¶¶</sup>	<b>Elizabeth Farace</b>
Computer Classes <sup>çç</sup>	(various —see coordinator)	<b>Vince Barilla</b>
Computer Fun Meeting <sup>¶¶ çç</sup>	2nd & 4th Mon 11:30 AM	<b>Charlie McNally</b>
Contract Bridge	Mon 10:00 AM—1:00 PM	<b>Myrna Korman</b>
Cyberspace News	Monthly	<b>Linda Klonsky, Editor</b>
Discussion Group	Thu 10:00 AM—Noon	<b>Arnold Rogoff</b>
Duplicate Bridge	Tue 1:00 PM—5:00 PM	<b>Myrna Korman</b>
“	Thu 1:00 PM—5:00 PM	<b>Fred Weston</b>
	Fri 7:00 PM	<b>Myrna Korman</b>
Executive Committee	Second Wed 10 AM	<b>Barbara Vigorito</b>
General Meeting <sup>¶¶</sup>	Quarterly, third Wed 1:00 PM	<b>Barbara Vigorito</b>
Intermediate Bridge <sup>çç</sup>	Friday 1:00 PM—3:00 PM	<b>Myrna Korman</b>
Jigsaw Puzzle	Anytime <sup>¥</sup>	<b>June Morris</b>
Lending Library	Anytime <sup>¥</sup>	<b>Julia Bidden and Reva Kamens</b>
Line Dancing <sup>çç,§</sup>	Tuesday, 1:30 PM—2:30 PM <sup>**</sup> , <sup>§§</sup>	<b>Joyce Cimera</b>
Mah Jongg <sup>çç</sup>	Thursday 9:30 AM—11:30 AM	<b>Barbara Taitleman</b>
Speaker/Performer Series	(At the General Meeting)	<b>Barbara Vigorito</b>
Newsletter	Monthly	<b>William Shapiro, Editor</b>
Painting Group	Friday, 9:00 AM	<b>Anil Mathur</b>
Pinochle <sup>çç</sup>	Tue 9:30 AM	<b>Elizabeth Farace</b>
“	Wed 9:30 AM	<b>Henry Gates</b>
Shuffleboard (outdoor) <sup>ç,¥¥¥</sup>	Sat 10:00 AM—Noon	<b>Henry Hartmann</b>
Sunday Social	Sun 1:00 PM—5:00 PM	<b>Myrna Korman</b>
Tennis <sup>¥¥</sup>	Mon, Wed, Fri 9:00 AM <sup>***</sup>	<b>Vic Scillieri</b>

\* Elks Lodge #2181, located at 50 Hinchman Ave, Wayne.

\*\* Preakness School (formerly the Wayne Civic Center), Hamburg Turnpike northbound, second building before the jug handle at Church Lane .

\*\*\* Weather permitting. Suspended December through March

¶ Open to the public.

¶¶ Free, open to the public.

¶¶¶ Except for the third Wednesday of the month

ç Kilroy Park, Concord Place, Wayne. çç Instruction included or available.

ççç Not held in July, August, or December ¥ Except during Executive Committee meetings

¥¥ Tennis courts behind municipal complex, Nellis Drive, Wayne. Suspended in the winter months.

¥¥¥ May through September, weather permitting § Suspended during the summer.

§§ No dance on the first Tuesday of the month

**The coordinators may be contacted through our office at 973-633-0734**

### **Computer Fun Meeting Topics**

To receive regular topic announcements, send an Email request to:  
charliewacci@hotmail.com