



Wayne Adult Community Center, Inc.

For New Jersey's Active People 60 and Over*

1502 Hamburg Turnpike // (Bus #197, Squad Place stop)

973-633-0734

www.wacci.net

Newsletter and Cyberspace News

Editors: William Shapiro and Linda Klonsky

September, 2009

ACTIVITIES

Big Band Dances	Canasta	Computer Classes*	Computer Fun Meetings
Contract Bridge	Discussion Group	Duplicate Bridge	Jigsaw Puzzles
Lending Library	Mah Jongg	Painting Group	Pinochle
Pizza Parties	Shuffleboard	Speaker/Performer Series	Tennis

* Computer classes are available to people 50 and over.

(Additional benefits, e.g. free 911 cell phone, discount BJ's and Costco memberships)

The office is not staffed every day, but you can always leave phone messages.

See Page 12 for specific days and times of all activities

The schedule of this month's activities is on page 2

**The newsletter no longer accepts advertising. As a result,
we now have more space for articles and tidbits.**

(They start on Page 3)

Officers of the Wayne Adult Community Center, Inc.

President: Barbara Vigorito

Vice President: Vince Barilla

Treasurer: Bill Pharo

Sergeant at Arms: Allan Jespersen

Secretary: Rosalie van Dam

For the current schedule:

Click the “This Month” button
at the top of the Web site page
from which you selected this newsletter.

A True Story (We Think)

We were having dinner with another couple recently, when the subject of mothers in law came up. The husband said: "I have no complaint about my mother in law, but I have to tell you about what happened a while ago with my mother. Nothing pleases her, and the crowning example was when she complained during a phone conversation, that she had to take the subway whenever she wanted to go anywhere.

"I phoned my brother, and we agreed to buy her a car. When I told her, she said: "You know I don't drive. When your father was alive, he did all the driving. I never learned'.

"I phoned my brother again. Then I phoned my mother and said: 'We're going to get you driving lessons'.

"Her response? 'Do you know how hard it is to find parking around here?'

"After a third call to my brother, I told my mother that we were going to rent a space for her in a parking garage.

"She said nothing at that time, but a few days later she phoned me and said: 'I've been thinking, and the nearest garage is a block from the subway. So if I have to walk to the garage, I might as well walk to the subway'.

"At that point, my brother and I decided to forget about the whole thing".

As best your newsletter editor remembers, it was he who heard this story, at a dinner with another couple. Of course, our assumption is that the speaker was being truthful.

Two Related, Disturbing Facts

The United States, "Home of the free", has become the developed world's leading incarcerator: More than one out of every hundred Americans is behind bars, A side effect of the recent increase is a burgeoning, very rich and powerful *private* prison industry.

A large majority of prisoners are there because of drug-related infractions, and

Continued on Page 11

Birthdays

Arthur Lichtenburg	Jul 5	John MacFarlane	Aug 29
Rose Chianchiano	Jul 6	Antoinette Napoli	Aug 29
Ruth Alloway	Jul 7	Elaine Green	Aug 31
Millie Donadio	Jul 19	Mary Van Vooren	Aug 31
Dorothy Troast	Jul 19	Alice Tenthoff	Sep 2
Carolyn Hazelton	Jul 20	Angelo Boniface	Sep 3
Elizabeth Farace	Jul 22	Angela Scillieri	Sep 7
Julia Bidden	Jul 24	Audrey Slyfield	Sep 7
Fran Morro	Aug 2	Jonathan Starr	Sep 8
George Kamens	Aug 5	George Schwartz	Sep 9
Carmela Balletto	Aug 6	Ina Breite	Sep 10
Patricia Canning	Aug 8	Cecelia Joseph	Sep 12
Evelyn Polatchek	Aug 8	Norma Hinchman	Sep 19
Helen Wolff	Aug 8	Roy Sutor	Sep 20
Ruth Carlson	Aug 13	Dorothy Takach	Sep 21
Phyllis Haertel	Aug 15	Providence Torres	Sep 24
Esther Lampert	Aug 17	Arline Forman	Sep 26
Barbara Vigorito	Aug 19	Bernice Bednarz	Sep 27
Alfred Baum	Aug 20	Sylvia Schwartz	Sep 28
Ted Morro	Aug 21		

Although Albert Einstein is best known for his monumental discoveries in Physics, he was also wise in some other ways. Below are a few of the things he said or wrote:

"It has become appallingly obvious that our technology has exceeded our humanity."

"We can't solve problems by using the same kind of thinking we used when we created them."

"Not everything that counts can be counted, and not everything that can be counted, counts."

For Active
People
Ages 60+



Cyberspace News

Spammers Cash In On Celebrity Deaths

Inside This Issue

- Spammers Cash In On Celebrity Deaths** 5
- The Etymology Of Some Common Terms** 6
- Avoid Being Green-washed** 7
- So Organized** 7
- Keep Your Touchscreen Clean** 7
- Surprise Things You Cannot Recycle** 8
- Funny Bumper Stickers** 8

With the deaths of various celebrities earlier this year (most notably those of Michael Jackson and Farrah Fawcett), spammers are shifting their strategies and using celebrity names in hopes of spreading fake antivirus software, malware, worms, and other forms of Internet pestilence.

For example, there was a mass-mailing worm that sent out a message with the subject line "Remembering Michael Jackson" and included an attached ZIP file that allegedly contained secret songs and pictures of Mr. Jackson. Opening the attachment spread a worm that was then instructed to spread the message to others in the recipient's address book.

Attackers have also set up bogus Italian YouTube site links in emails. When users click on the email, they get an error message indicating that a Flash player upgrade is necessary to view the video. By clicking the indicated link, they're taken to a site that automatically downloads a "Trojan horse" program.

Is this a new phenomenon? Not by any means. Cyber criminals will use any means necessary, including preying on the misery of others, to gain new victims.

Symantec, a maker of anti-virus software, is warning Internet users to be especially wary of subject lines related to any current event and/or celebrity death. And remember to maintain constant vigilance when you see emails from unknown sources.

In addition, keep your anti-virus software and firewalls up-to-date. It takes less than a second to turn your very valuable computer into nothing more than an expensive doorstop.



Source : www.sci-tech-today.com

Free And Fun



**Come
to our
Com-
puter
Fun**

Meetings, which are free and open to everyone, whether you're a WACC member or not. Learn more about computers in an informal, friendly environment.

Meetings are held the second and fourth Mondays of each month from 11:30AM to 1PM.

Just For You

Cyberspace News is now archived in its entirety on the WACC website. In some articles, important additional material is included (for instance, information obtained after publication).

To view articles from past issues, go to www.wacci.net and click the "Archives" button along the left side.

The Etymology Of Some Common Terms

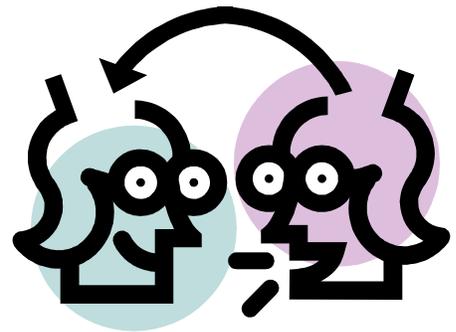
What are the origins of some of the terms you use in everyday language? Since one of my children is at that "why" stage (I'll assume that a few of you reading this remember that stage and you give me hope that I'll survive it), I decided to explore this topic further. So here are the origins of some common phrases, courtesy of the site

www.whatsnewemu.com.

- Sacred cow (which means something or someone taken to be immune to criticism, often unjustifiably) - This term probably comes from the sacred cow of India and the legend of Prithu, who assumed the form of a cow to encourage his subjects to raise edible vegetables.
- Pussyfoot (to proceed with caution or timidity) - Contrary to popular belief, while Theodore Roosevelt did use and popularize this term, he did not invent it. The term dates back to at least 1893. It also means someone who advocates prohibition; in other words, a teetotaler. The term comes from William E. "Pussyfoot" Johnson, a prohibitionist who traveled to London in 1926 to spread the concept of prohibition and

teetotalism. One would assume he had to proceed with caution in order to sell this concept.

- Kitty-corner (meaning diagonal) - This term was originally cattercorner. Cater is an old term which means diagonal and it comes from the French *quatre* or four. Cater dates back to the early 16th century.. Since this origin is not self-evident and the term sounds awkward, over the years it evolved into catty-corner or kitty-corner.
- Let the cat out of the bag (meaning to disclose something that was secret) - This expression dates back approximately four hundred years. It refers to dishonest merchants who misrepresented their wares unless a sharp housewife demanded to see the contents of their "bags."



Avoid Being Greenwashed

We're all concerned about the environment, but some companies are attempting to "greenwash" you. Greenwashing is when a company advertises the benefits of, or slaps some sort of environment-friendly advertising on, a product without actually having done anything to make that product less harmful.

For example, some companies change the label on their product to show the color green or some other natural image (i.e. a plant or water). The idea is that you, the consumer, will perceive the product as being more friendly environmentally, or more "natural" even though the product hasn't been changed at all.

Other firms are using buzzwords like "all-natural" and "earth friendly" to describe products that inherently are. Foodstuffs like tea, coffee, and honey are already natural (have you ever heard of fake tea?).

In the case of the word "organic," it means an item bearing the USDA

seal for "organic". Only companies that have been evaluated and inspected by the United States Department of Agriculture and meet their guidelines are allowed to put the seal on their products. Remember this before you pay more for something the manufacturer tells you is "organic."

As for cleaning products, paying more for the privilege of buying something with fewer chemicals (which the manufacturer doesn't have to pay to add) is silly. Try basic cleaning substances like soap, vinegar, and bleach and you'll save money without paying more.

Source: www.northjersey.com

Editor's note: For a list of cheap, basic cleaning products, log onto www.eartheasy.com

Keeping Your Touch Screen Clean

Many of the devices we use, such as a Personal Data Assistants (PDA), a Global Positioning Device (GPS), and even some cameras, use touch screens. These can get pretty dirty with fingerprint marks.

To clean a touch screen, turn off the device and then wipe it with a soft cotton cloth. Use an up-and-

down motion when doing so, and *don't* use a paper towel (which can hurt the screen). You can also spray a non-ammonia-based glass cleaner onto the CLOTH (*not* the screen). Make sure the cloth is only slightly damp.

Source: www.smartcomputing.com

So Organized

Two women met for the first time since graduating from high school. One asked the other, "You were always so organized in school, Did you manage to live a well planned life?"

"Yes," said her friend. "My first marriage was to a millionaire; my second marriage was to an actor; my third marriage was to a preacher; and now I'm married to an undertaker."

Her friend asked, "What do those marriages have to do with a well planned life?"

"One for the money, two for the show, three to get ready, and four to go."



Source: www.theseniorsource.org

Funny Bumper Stickers

Auntie Em. Hate you. Hate Kansas. Taking the dog. Dorothy

I don't care who you are, what you are driving, or where you would rather be.

I'd rather be over the hill than under it.

Don't tick me off. I'm running out of places to hide the bodies.

We have enough youth. How about a fountain of smart?

Bad cop...no doughnut.

Dislexics of the world untie!

The best way to change someone's mind is with a rock.

Always remember you're unique, just like everyone else.

Source:
www.dumbbumpers.com

Surprise Things You Cannot Recycle

Recycling is a wonderful thing, but there are some things you should *not* recycle. They include:

👉 **Pizza And Cardboard Take-Out Food Boxes**—The oil from these foods can contaminate cardboard boxes, making them impossible to process into clean paper.

👉 **Napkins and Paper Towels**—If they've been used to clean up "hazardous waste."

👉 **Gift Wrapping Paper**—This type of paper is of such poor quality that it's not usually accepted by recycling centers.

👉 **Plastic Credit Cards**—These are manufactured from plastic that cannot be reused.

👉 **Mustard-Colored Envelopes**—The dye in these envelopes is too difficult to remove for them to be recycled.

👉 **Shower Curtains And Liners**—Most of these items are made from PVC, which is not accepted by recycling centers because when it is melted down it can contaminate the chemical makeup of the recycled material.

👉 **Plastic Lids and Bottle Caps**—These items are made from a plastic different from the rest of the bottle and cannot be recycled. Make sure you remove lids and caps from soda bottles, juice boxes, and other food containers

before you toss them.

👉 **Sticky Notes**—Their size, color, and adhesive make them more suitable for the trash bin than the recycling bin.

👉 **Wet Paper**—Paper fibers that have been exposed to water are shorter, so they're less valuable to paper mills. This makes it not profitable to recycle and collect.

👉 **Styrofoam**—*You* can't recycle them, but most mail packaging stores will accept these materials and use them again for packing.

👉 **Loose Plastic Bags**—Plastic bags interfere with re-sorting machines and are sorted by hand, so you cannot put them out with your recyclables. Many supermarkets, however, do have bins for collection.

Not sure what you can or cannot recycle? Call your municipality for clarification.

Sources: www.associatedcontent.com and (note the absence of the www in this web address) <http://green.yahoo.com>



Bridge Scores

Date	Position	First	Second	Date	Position	First	Second
Fri 5/1	North/South	Hogan - Carlson	Korman - Lombardi	Fri. 6/12	N/S	Morro - Jespersen	Perrini - Belding
	East/West	Basoglu - Sakal	Morro - Farese		E/W	Basoglu - Sakal	Scotti - Cori
Mon. 5/4		Haertel - Walsh	Gates - Janardana			J. Donadio - Senaldi	Haertel - Pharo
Tue. 5/5	North/South	Chisholm - DeLuca	Jespersen - Gala	Mon. 6/15		Gates - Troast	Driscoll - Pignatore
	East/West	Kaey - Kaey	Cori - Scotti	Mon. 6/16	N/S	Teitel - Belding	Gala - Jespersen
thu. 5/7	North/South	Basoglu - Sakal	Vigorito - Schneider		E/W	Pinto - Coleman	VanVooren - Baum
	East/West	Zimmerer - Wilkin	Hourihan - Hourihan	Thu. 6/18	N/S	Corn - Pignata	F. Weston - Vigorito
Fri 5/8	North/South	VanVooren Jespersen	Basoglu - Sakal		E/W	Gala - Haertel	Shapiro - Sakal
Mon. 5/11		Haertel - Walsh	The Menchenfriends	Fri. 6/19	N/S	Chisholm - DeLuca	VanVooren - Vigorito
Tue. 5/12	North/South	Hogan - Carlson	Corn - Pignata		E/W	Sakal - Pharo	Corn - Pinto
	East/West	Kaey - Kaey	Basoglu - Sakal	Mon. 6/22		Gates - Troast	J. Donadio - Senaldi
thu. 5/14	North/South	Gala - Hogan	Stern - Vigorito			Gates - Troast	guests
	East/West	Jespersen - Pharo	Pressberger - Stein	Tue. 6/23	N/S	Pharo - Leise	Mazujian - Perrini
Fri 5/15	North/South	Cori - Scotti	Korman - Lombardi		E/W	Corn - Pignata	Gala - Jespersen
	East/West	Morro - Farese	Shaw - Tietel	Thu. 6/25	N/S	Gala - Haertel	Weston - Weston
Mon. 5/18	North/South	Basoglu - Sakal	Jespersen - Heartel		E/W	Lampert - Lampert	Shapiro - Sakal
	East/West	Basoglu - Troast	Hourihan - Hourihan	Fri. 6/26	N/S	Vigorito - Jespersen	Korman - Lombardi
Tue. 5/19	North/South	Jespersen - Gala	Chisholm - DeLuca		E/W	J. Donadio - Senaldi	Corn - Pinto
	East/West	The Desrosiers's	The Lichtenbergs	Mon. 6/29		Zimmerer - Dickman	DeLucia - Kwiecinski
thu. 5/21	North/South	Basoglu - Sakal	Shapiro - T. Kaey		N/S	Lichtenberg - Lichtenberg	Pignata - Corn
	East/West	Gala - Heartel	Lampert - Lampert	Tue. 6/30	E/W	Cori - Scotti	Zimmerer - Rubin
Fri 5/22	North/South	VanVooren - Vigorito	Basoglu - Sakal	Thu. 7/2	N/S	van Dam - Vigorito	VanVooren - Leise
	East/West	The Desrosiers's	Perrini - Belding		E/W	Zimmerer - Wilkin	Sakal - Shapiro
Mon. 5/25		Memorial Day		Fri. 7/3	N/S	Chisholm - DeLuca	Hogan - Fisher
Tue. 5/26	North/South	Chisholm - DeLuca	Vigorito - Heartel		E/W	J. Donadio - Troast	Vigorito - Sakal
	East/West	Wickam - Basoglu	Sakal - Allen	Mon. 7/6		Scott - Greenberg	DeLucia - Kwiecinski
thu. 5/28	North/South	Allen - van Dam	Stern - Vigorito	Tue. 7/7	N/S	Hogan - VanVooren	Belding - Teitel
	East/West	Corn - Pignata	R. DesRosiers - Wickam		E/W	Pinto - Coleman	Perrini - Mazujian
Fri 5/29	North/South	Chisholm - DeLuca	Haertel - Pharo	Thu. 7/9	N/S	Kaey - Kaey	Cori - Scotti
	East/West	Basoglu - Sakal	Corn - Jespersen		E/W	Gala - Haertel	Corn - Pignata
						Breite - Cirilis	Pharo - Jespersen

CONTINUED ON PAGE 10

BRIDGE SCORES (Continued)

Date	Position	First	Second
Fri. 7/10	N/S	Corn - Pinto	Scotti - Cori
	E/W	Chisholm - DeLuca	J. Donadio - Senaldi
Mon. 7/13		Haertel - Walsh	Driscoll - Pignatore
Tue. 7/14	N/S	Vigorito - Haertel	Korman - Lombardi
	E/W	Basoglu - Sakal	Zimmerer - Rubin
(Game 2)	N/S	Jespersen - Gala	Chisolm - DeLuca
	E/W	Belding - Teitel	Cori - Scotti
Thu. 7/16	N/S	Schneider - Vigorito	Korman - Lombardi
	E/W	Shapiro - Sakal	Stein - Pressberger
Thu. 7/16	N/S	Allen - van Dam	Gala - Haertel
	E/W	Warneum - Gorta	M. Donadio - S. Menchenfreund
Fri. 7/17	N/S	Vigorito - VanVooren	Korman - Lombardi
	E/W	Basoglu - Sakal	Morro - Farese
Mon. 7/20		Haertel - Walsh	Joseph - Anders
Tue. 7/21	N/S	Chisholm - DeLuca	Gala - Jespersen
	E/W	Baum - McNamara	Lichtenberg - Lichtenberg
Thu. 7/21 Game 2	N/S	Pinto - Coleman	Morro - Farese
	E/W	Zimmerer - Rubin	Menschenfreund - Menschenfreund
Bridge scores for the balance of July will be posted in the next issue			

Recognizing a Stroke

Definitive diagnosis of a stroke can only be made by a medical expert. However, there are signs that can alert any of us that someone has likely had a stroke. Since timely treatment is so important, a suspected stroke victim should be taken to a hospital as soon as possible.

There are many signs of possible stroke, and it would be difficult to keep them all in mind, especially under the emotional pressure of making a quick decision. The signs listed below, however, are easy to remember and could make the difference between substantial recovery and devastating brain injury.

If you suspect a possible stroke in someone, ask them to perform the actions listed on the next page:

Concluded on Page 11

Special Events in September

Monday, September 14

11:30 AM—Computer Fun Meeting (Free and open to the public)

Wednesday, September 16

1:00 PM **General Meeting**

with speaker Jonathan Starr, who will recount the story of his family's life in pre-World War II Europe, their escape from Europe after the Nazi rise to power, his participation in the Israeli underground, and the struggles leading to establishment of the State of Israel.

Free, open to the public. Light refreshments.

Wednesday, September 23

1:00 PM—Pizza Party (reservation required)

Monday, September 28

11:30 AM—Computer Fun Meeting (Free and open to the public)

Recognizing a Stroke (continued from Page 10)

Ask them:

- To smile
- To raise *both* arms
- To speak a simple sentence

If the person has trouble with any one of those actions, call 911 or get them to a hospital immediately.

Reference: According to www.Snopes.com, a highly reliable site for determining whether an item is legitimate, the advice is drawn from a report on an ASA-funded study, presented at the American Stroke Association's 28th International Stroke Conference in February 2003. We must mention though, that although the ASA funded the study, it had as of 2004 (when it issued comments) not yet taken a position on the advice because although the results were positive, the study was small.

Disturbing Facts—Continued from Page 3

most of them are not major dealers, but rather they are users caught buying or holding small amounts but often serving longer sentences than many murderers, because of our idiotically harsh drug laws.

What makes those facts even more disturbing is that after decades of this “war on drugs”, the supply remains substantially unchanged.

Times and Contacts for Regular Activities

ACTIVITY	DAY & TIME	COORDINATOR(S)
Canasta ^{cc}	Wed 1:00 PM—4:00 PM ^{¶¶¶¶}	Elizabeth Farace
Computer Classes ^{cc}	(various —see coordinator)	Vince Barilla
Computer Fun Meeting ^{¶¶¶} ^{cc}	2nd & 4th Mon 11:30 AM	Charlie McNally
Contract Bridge	Mon 10:00 AM—1:00 PM	Myrna Korman
Cyberspace News	Monthly	Linda Klonsky, Editor
Discussion Group	Thu 10:00 AM—Noon	Arnold Rogoff
Duplicate Bridge	Tue 1:00 PM—5:00 PM	Myrna Korman
“	Thu 1:00 PM—5:00 PM	Fred Weston
	Fri 7:00 PM	Myrna Korman
Executive Committee	Second Wed 10 AM	Barbara Vigorito
General Meeting ^{¶¶¶}	Quarterly, third Wed 1:00 PM	Barbara Vigorito
Intermediate Bridge ^{cc}	Friday 1:00 PM—3:00 PM	Myrna Korman
Jigsaw Puzzle	Anytime [¥]	June Morris
Lending Library	Anytime [¥]	Julia Bidden and Reva Kamens
Line Dancing ^{cc,§}	Tuesday, 1:30 PM—2:30 PM ^{§§}	Joyce Cimera
Mah Jongg ^{cc}	Monday, 1:30 PM—4:00 PM	Linda Walsh and Henrietta Glans
	Thursday 9:30 AM—11:30 AM	Barbara Taitleman
Speaker/Performer Series	(At the General Meeting)	Barbara Vigorito
Newsletter	Monthly	William Shapiro, Editor
Painting Group	Friday, 9:00 AM	Anil Mathur
Pinochle ^{cc}	Tue 9:30 AM	Elizabeth Farace
“	Wed 9:30 AM	Henry Gates
Shuffleboard (outdoor) ^{cc,¥¥¥}	Sat 10:00 AM—Noon	Henry Hartmann
Tennis ^{¥¥}	Mon, Wed, Fri 9:00 AM ^{***}	Vic Scillieri

* Elks Lodge #2181, located at 50 Hinchman Ave, Wayne.

** Preakness School (formerly the Wayne Civic Center), Hamburg Turnpike northbound, second building before the jug handle at Church Lane.

*** Weather permitting. Suspended December through March

¶¶ Open to the public. ¶¶¶ Free, open to the public. ¶¶¶¶ Except for the third Wednesday of the month.

ç Kilroy Park, Concord Place, Wayne. çç Instruction included or available.

¥ Except during Executive Committee meetings

¥¥ Tennis courts behind municipal complex, Nellis Drive, Wayne. Suspended in the winter months.

¥¥¥ May through September, weather permitting.

§ Suspended during the summer. §§ No dance on the first Tuesday of the month.

The coordinators may be contacted through our office at 973-633-0734

Computer Fun Meeting Topics

To receive regular topic announcements, send an Email request to: charliewacci@hotmail.com

See Daily Schedule on Page 2 for dates when the Center is regularly closed.